

Clinical Neuropsychology Postdoctoral Residency Program West Los Angeles VA Healthcare Center

Steven Castellon, Ph.D.
Psychology Department (116B)
Building 401, Room A210
11301 Wilshire Blvd.
Los Angeles California, 90073

(310) 268-3597; email: <u>Steve.Castellon@va.gov</u> https://www.losangeles.va.gov/trainee/

Accreditation Status

The Clinical Neuropsychology Residency Program (CNRP) at the West Los Angeles VA Healthcare System (WLAVAHS) has received specialty accreditation in Clinical Neuropsychology by the Commission on Accreditation of the American Psychological Association. Our next site visit will take place in 2028.

Our Training Program has been a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) since 2009. We renewed our three-year APPIC membership in the summer of 2021.

Application and Selection Procedures

The Residency program in Clinical Neuropsychology begins August 28, 2023. This is a two-year full-time program with VA benefits. The current stipend is \$52,911 for Year One, increasing to \$55,771 for Year Two. Our training program is organized to provide two years of full-time training but advancement to the second year is contingent upon successful completion of all first-year requirements.

We are recruiting to fill <u>one</u> open position in 2023. All of our neuropsychology residency positions are based at the West Los Angeles VA Medical Center. Also, see the APPIC-run Universal Psychology Postdoc Directory (UPPD; at https://appic.org/Postdocs/Universal-Psychology-Postdoctoral-Directory/).

To be considered for any of our postdoctoral residency positions an applicant must:

- 1. Have completed all requirements for the doctoral degree, in Clinical or Counseling Psychology, including internship and dissertation.
 - Department of Veterans Affairs requires that the applicant's doctoral degree and internship be completed at programs <u>accredited by the American Psychological</u> Association.
- Be a US citizen. VA is unable to consider applications from anyone who is not currently a
 U.S. citizen. Verification of citizenship is required following selection and all of our incoming
 postdoctoral residents must complete a Certification of Citizenship in the United States prior
 to starting training.
- 3. Be aware that VA employment requires males born after December 31, 1959 must have registered for the draft by age 26. Male applicants sign a pre-appointment Certification Statement of Selective Service Registration before they can be processed into a training program.
- 4. Be aware that residents are subject to fingerprinting and background checks. Selection decisions are contingent on passing these screens.

5. Know that the VA strives to be a drug-free workplace. Residents are not drug-tested prior to their appointment. However, all residents are subject to random drug testing throughout their VA appointment period. You will be asked to sign an acknowledgment form stating you are aware of this VA practice. This form authorizes your drug test results to be shared with VA officials and others wo have a need to know. Failure to sign the authorization form may result in disciplinary action up to and including removal.

Additional information regarding eligibility requirements for appointment as a VA Psychology Health Professions Trainee (including Postdoctoral Resident) can be found at the following web address: http://www.psychologytraining.va.gov/eligibility.asp

To apply, please submit the following documents:

NOTE: We require submitted applications to come through the APPA CAS portal (APPIC Psychology Postdoctoral Application Centralized Application Service – see web address below). The following documents will be requested and must be submitted through the APPA CAS portal.

- <u>Letter of Interest</u> (LOI), specifying the position you are applying for along with a summary of educational, clinical and research experiences relevant to that position. In the LOI please include a statement about your current career goals in addition to goals for residency training.
- A recent/current copy of your Curriculum Vitae
- Three Letters of Recommendation (LOR)
 - Ideally, these letters should be from supervisors/mentors that are familiar with the work you've done in neuropsychology and/or how you've performed in recent training settings.
- <u>Letter from your Internship Training Director</u> verifying that you are expected to complete, or will have already completed, your internship successfully.
 - If your Internship Training Director is also writing a LOR for you, please have them make clear that they are/were also your Internship TD and that you are expected to (or already did) successfully complete your internship.
- A letter from the chair of your dissertation committee detailing the status of your dissertation (including anticipated completion date). This letter should indicate that your doctoral degree has been, or will be, completed before August 20, 2023.
 - If your Dissertation Chair is also writing a letter of recommendation for you, please have them make sure it is clear within the body of their letter that you are expected to successfully complete your dissertation by August of 2023.
- <u>Work samples</u> fully de-identified of any PHI. Please submit two sample reports that you've authored over the last 12-18 months).
- Graduate transcripts.
 - You do not need to send undergraduate transcripts.

Submit these materials through the APPA CAS: https://appicpostdoc.liaisoncas.com/applicant-ux/#/login Complete the basic demographic, education, clinical training information and transcripts required of all applicants for all APPA CAS programs. Then select the appropriate program(s) within the West Los Angeles VA Health Care System. APPA CAS allows you to request letters of recommendation electronically which are then uploaded by the letter writer. (Note: APPA CAS refers to letters of recommendation as "Evaluations").

*** APPLICATION DEADLINE: NOVEMBER 18, 2022*** [MUST BE RECEIVED BY 11:59 PM, EST (8:59 PST) on November 18, 2022].

For quesitons about application submission issues:

Steven Castellon, Ph.D., Director Psychology Postdoctoral Training

Email: <u>Steve.Castellon@va.gov</u> or <u>scastell@ucla.edu</u>

Phone: Steven Castellon (310) 268-3597 or Anna Okonek (310) 478-3711 ext 40301

Selection Procedures

The selection committee for the open position(s) is composed of the Neuropsychology Training Group, a 9-member group of supervisors (Drs. Castellon, Cernin, Harrell, Melrose, Okonek, Osato, YoungSciortino, Wilkins, & Zeller) that includes the Postdoctoral Residency Training Director (Castellon, Ph. D.). Current Residents participate in the interview process but do not have an evaluative role, with their main role helping to inform applicants about the program and their experiences as trainees.

The selection committee evaluates the following criteria: (1) Breadth and quality of prior general clinical training, (2) Quality and extent of specialized training in clinical neuropsychology, (3) Strength of letters of recommendation, (4) Quality and scope of research productivity, (5) A clear and thoughtful writing style in application materials and sample reports, (6) Goodness of fit between applicant's professional goals and program training objectives, and (7) Evidence of personal maturity and accomplishments. Successful candidates typically have substantial academic and clinical experience in neuropsychology, with preference given to candidates who have completed doctoral and internship training that meets the Houston Conference guidelines in Clinical Neuropsychology (for details, see http://www.theaacn.org/position_papers/houston_conference.pdf).

Historically, most interviewing of top applicants has taken place on site, at the West Los Angeles VA. Due to Covid-19, however, we will be doing our interviewing and hosting of applicants exclusively via video teleconferencing, as we keep a close eye on safety and practicality of traveling and meeting in groups. We will have two **Neuropsychology Recruitment Events** (NRE; where applicants meet faculty and hear more about training opportunities, meet current NP postdocs, and interview with one or more faculty) on December 14th and 16th. If an applicant cannot virtually attend one of these Recruitment Events, we will do our best to arrange individual interviews and/or have a third recruitment event in the third week of January (after our internship interviews are over). HOWEVER, following the December 14th and 16th NREs, our Neuropsychology Training Group will rank order applicants and an offer may be extended to the top applicant by the end of December. If offers are not accepted, we will continue to extend offers down the rank-ordered list until the positions are filled. Positions will remain open until filled.

The Program's Response To COVID-19

Our Psychology interns and residents transitioned to telehealth/telework just after the Stay-at-Home order was announced by the governor of California in mid-March of 2020. This occurred with the full support of our Medical Center, Education Office, and Mental Health leadership. Our overall goal has been to provide the highest quality training while ensuring safe and effective patient care. We worked diligently to maintain as many training activities as possible without significant disruption while ensuring that all program requirements were being met. At present, our trainees (interns and residents) provide care to Veterans via telehealth modalities (secured video connection, telephone if absolutely necessary)

but also in-person in several settings. For the 2022-23 training year our residents have been granted permission to telework and also have the option to report in person should they wish to do so or that be required for better clinical care. It is currently unclear how/if these changes may continue to impact training during the 2023-24 training year. In accordance with guiding principles provided by VHA, the VA Greater Los Angeles Medical Center, APPIC and APA, our program will continue to prioritize the health and safety of trainees, Veterans and staff, and provide training that fully meets accreditation standards and enables interns and residents to receive training in all profession-wide competencies. We plan to update our public materials if we have information about any change to the current policy for trainees to telework, use of tele-supervision in several settings, and/or need to return to in-person care for the 2023-2024 training year.

Training Setting

The VA Greater Los Angeles (VAGLA) Healthcare System is one of the largest and most complex integrated healthcare facilities within the Department of Veterans Affairs. The VAGLAHS consists of a comprehensive tertiary care facility (West Los Angeles VA Healthcare Center), three ambulatory care centers, and 8 community-based outpatient clinics. In fiscal year 2018, VAGLAHS provided medical and mental health services to over 88,000 Veterans residing in the primary service area, including Los Angeles County, which has the largest concentration of Veterans of any county in the United States. GLA provides comprehensive ambulatory and tertiary care to Veterans in five counties in Southern California, with 716 beds, over 5,000 employees and an annual operating budget of over \$800 million.



The Psychology Postdoctoral Training Program is housed at the West Los Angeles VA Healthcare Center. This tertiary care center is spread across an expansive 430-acre campus that includes approximately 150 buildings and is divided into a South and North Campus. The Psychology Department is embedded within the Department of Psychiatry and Mental Health and consists of 48 licensed clinical psychologists, many of whom are involved with training endeavors at the internship and postdoctoral level. Psychologists at the West Los Angeles VA occupy a variety of roles

throughout the medical center, working in both inpatient and outpatient mental health and medical settings, with several involved in program leadership positions and the majority working in multi-disciplinary settings with allied mental health care professionals.

The West Los Angeles VA Healthcare Center is located in one of the most culturally diverse cites in the nation. The Veterans we serve represent a mixture of cultural, ethnic, socioeconomic, and individual diversity. Our overall Veteran population self-identified as 53% Caucasian, 20% African American, 16% Hispanic, 4% as Asian and 1% as Native American. While this group is approximately 90% male, there are several settings in which trainees can get experience working with female Veterans. There is also considerable diversity in terms of age, so although approximately 45% of our Veterans receiving care are over the age of 65, 13% are under the age of 35 and 21% are between the ages of 55-64 years There are over 8,800 OEF/OIF Veterans enrolled in GLA.

West Los Angeles VA psychologists on the south campus work in settings that are primarily devoted to medical/surgical, integrated primary care, outpatient mental health and inpatient psychiatric services. These programs are located in either the main medical center building or in one of two recently built, adjacent, modular buildings. South campus psychologists include those working within Health Psychology-Integrated Care, Physical Medicine & Rehabilitation, Neuropsychology, outpatient mental health programs (Mental Health Clinic, Trauma Recovery Services, Anxiety Disorders Clinic), Geriatric Research, Education & Clinical Center (GRECC), and our Geriatrics clinical programs including Geropsychology and GEM/GRECC, described below. On the north campus, one or more psychologists work in the following programs: Community Living Center (CLC), comprised of our two 120-bed nursing home buildings; Domiciliary Residential Rehabilitation and Treatment Program (a 321-bed treatment program housed in two dormitory style buildings); and substance abuse treatment programs including Addiction Treatment Clinic (ATC). In addition, a number of treatment programs for patients with severe mental illness can be found on North campus, including the Dual-Diagnosis Treatment Program (DDTP), the Psychosocial Rehabilitation for Severe Mental Illness program (PRRC), and the Mental Illness Research, Education and Clinical Center (MIRECC).

The Psychology Department at the West Los Angeles VA Healthcare Center has a strong commitment to, and long history of, providing training. Our Psychology Internship Training Director, Dr. Stephanie Cardoos, oversees our highly competitive (150-180 applications annually) doctoral internship program. This program has been accredited by the American Psychological Association since 1979 and, at the most recent site visit (2017), received a 10-year accreditation. Of Psychology Department staff, 31 serve as supervisors in our internship training program, and, of those, 21 also provide supervision in the residency program. In addition to training predoctoral interns, the training program selects 6-8 practicum students each year, all of whom receive 9 months of supervised training on two different clinical rotations. Postdoctoral Residents will have a chance to provided layered supervision to both our predoctoral interns and our practicum students. All clinical supervisors in the postdoctoral residency, doctoral internship, and practicum program are licensed clinical psychologists and complete biannual training and education in clinical supervision as mandated by the California Board of Psychology.

The Psychology Department at West Los Angeles VA enjoys close ties with both the UCLA Department of Psychology and the Department of Psychiatry & Biobehavioral Sciences at the David Geffen School of Medicine at UCLA. Many staff members, including the majority of those in training/supervising roles, hold clinical and/or academic appointments at local institutions, including UCLA, Pepperdine University, the University of Southern California, and the Fuller Graduate School of Psychology.

Training Model and Program Philosophy

Program Aim: The aim of the Clinical Neuropsychology Residency Program (CNRP) at the West Los Angeles VA is to promote the development of advanced competencies in our residents such that graduates are eligible for employment in public sector medical center settings, including the VA. Graduates will have developed an advanced understanding of brain-behavior relationships and will be able to work in a variety of settings specializing in the assessment and treatment of neuropsychological syndromes and their sequelae. We believe that our graduates should be able to function as neuropsychologists in a variety of multi/interdisciplinary and consultation settings."

The CNRP is structured to provide advanced clinical, didactic, and research experiences during a two-year, full-time program. Although we expect the resident will be able to function at an advanced level following their first year of training, the second year builds upon the competencies developed during the first year, as residents participate in increasingly more advanced or specialized and complex training

experiences requiring greater autonomy and responsibility. During the second year of training we expect the resident to assume greater participation in administration, research, and supervision activities. All training experiences, throughout the two years of full-time training, serve to deepen knowledge of brain-behavior relationships, develop expertise in the evaluation and treatment of neurological syndromes and their sequelae, and continued professional development through increasing involvement in direct supervision of pre-doctoral trainees, work on administration/management of neuropsychology and neurobehavioral clinics, and leadership roles within interdisciplinary treatment teams. Greater depth of supervised clinical experiences are possible over the course of the residency than would be possible, for example, on internship (e.g. wider variety of patients, more complicated cases, or cases requiring specialized skill sets).

At the outset of each training year, each resident meets with their primary supervisor to complete and discuss an evaluation that is designed to assess his/her general neuropsychological skills and comfort in other profession-wide competency areas (NP Resident Self-Assessment Form). This process helps the primary supervisor and resident review prior experiences, perceived strengths, areas for growth, and training goals. This information is used to help develop a training plan where clinical/didactic/research training experiences target development within eight competency areas. Typically, within the first few months of beginning the program the resident chooses a research mentor with whom they would like to complete a research project. The Neuropsychology Training Group (those clinical supervisors specifically involved with the Neuropsychology Residency), as well as the broader Psychology Training Committee, meet regularly to discuss resident progress through the program and the development of neuropsychological competencies.

At the beginning of each major clinical training rotation, the resident and rotation supervisors develop a formal individualized training plan that discusses and sets forth training objectives, required activities, and caseload guidelines. Formal evaluations are completed at the midpoint and upon completion of all training rotations lasting six months or more.

Clinical Neuropsychology Training Experiences

We have one open position in 2023. We envision that the successful applicant's two-year training tenure will include participation in both required and elective experiences, described below.

Neuropsychology Assessment Service. This is a <u>required experience</u> for each of our NP residents, but the breadth and depth of time spent on the NP Service is flexible. The NP Service handles most outpatient neuropsychological assessment referrals for the large medical center. Although most of the evaluations are done on an outpatient basis, there is also opportunity for inpatient assessment within this training rotation as well. Residents will have the opportunity to evaluate patients with a wide variety of neurological disorders including Alzheimer's disease, vascular dementia, head injury, substance-induced cognitive disorders, toxic/metabolic encephalopathy, seizure disorder, severe mental illness, and subcortical dementias such as Parkinson's disease and HIV-associated dementia. Residents are exposed to a hypothesis testing/process approach to neuropsychological evaluation and develop competence in test selection, administration, scoring and interpretation, and report writing. Most patients receive feedback on testing results, providing excellent opportunities to help patients (and/or their families or treatment teams) use testing results to help inform their treatment plans. Residents working in the Neuropsychology Service participate in Monday afternoon group supervision (typically 2-2.5 hours). In this setting residents will present their recent cases for group discussion and learn vicariously as other trainees do the same. Additional topics of relevance to neuropsychology are

discussed in group supervision as well (e.g., in recent meetings: race-based norming, diversity/cultural considerations in neuropsychological assessment, normal variability in NP performance, layered supervision challenges in assessment settings). In addition to the group supervision, residents receive regular individual, face-to-face, supervision with their primary and delegated supervisors.

Residents have the opportunity to provide layered supervision to predoctoral interns and practicum students rotating through the NP service. Clinical training is supported by a strong didactic base that includes: 1). Weekly Neuropsychology Case Conferences offering basic theory designed to develop skills in clinical case interpretation; 2). Weekly neurosciences lectures at the UCLA Semel Institute that emphasize theoretical and conceptual issues; 3). Weekly Neurobehavior seminars presenting research and clinical data on neurobehavioral syndromes and cases highlighting unusual disorders; 4). Memory Disorder and Neurobehavioral Clinics in which case presentations are discussed by neurologists, neuropsychologists, and psychiatrists; and 5). Clinical pathology (i.e., brain cutting) conferences.

Supervisors: Steve Castellon, Ph.D., Katie Young-Sciortino, Ph.D., & Stacy Wilkins, Ph.D., ABPP-CN.

Inpatient Acute Physical Rehabilitation Unit: This is an elective experience. Residents complete consultations on patients admitted for intensive physical rehabilitation of stroke, amputation, traumatic brain injury, and/or neurological or orthopedic disorders. Consultation typically involves neurocognitive or psychological evaluation and assessment of decision-making capacity. Also, the resident will acquire experience providing short-term psychotherapy and staff support/education regarding patient's cognitive and/or psychological condition.

Supervisor: Michelle Zeller, Psy.D, ABPP-CN.

Polytrauma/TBI Neuropsychology. This is an elective experience. Residents receive advanced training within our Polytrauma Network Site (PNS), with emphases in neuropsychology and rehabilitation. Polytrauma (i.e. multi-system injury including traumatic brain injury) has been identified as a national priority for Veterans' health care and there is significant need for Polytrauma Psychology services including neurocognitive and psychological assessment, innovative treatments, as well as consultation and research. Residents serve as an integral member of the interdisciplinary Polytrauma team working with Veterans from Operations Enduring Freedom, Iraqi Freedom, and New Dawn (OEF/OIF/OND). The resident receives training and direct supervision in neuropsychological and psychological assessment, interventions including individual and group evidence-based psychological treatments, and cognitive rehabilitation. Additionally, the resident will work closely with allied disciplines including Physiatry, Speech and Language Pathology, Occupational Therapy, Physical Therapy, Social Work, Nursing, Blind Rehabilitation and Vocational Rehabilitation Specialists to develop a comprehensive treatment plan for the Veteran. Residents will provide consultation to the team on the Veteran's neurocognitive and psychological areas of strengths and weakness, and how these inform and impact treatment. It is expected that residents will also have the opportunity to participate in education inside and outside of the VA about brain injury. Residents will have opportunities to participate in ongoing research projects or program development, program evaluation and layered clinical supervision of psychology interns and practicum-level trainees.

Supervisor: Anna Okonek, Ph.D.

RESIDENTS are required to participate in at least one of the following three geriatric-focused training experiences:

Geropsychology Program: The Geropsychology program provides and emphasizes training opportunities in aging, cognition, and mental health. Residents will receive training in cognitive screening and psychiatric outpatient care for older adults through the Geropsychiatry Outpatient Clinic. This interdisciplinary setting trains students from a variety of mental health and medical disciplines, including Geriatric Psychology, Geriatric Psychiatry, Geriatric Medicine, Pharmacy, and Social Work. The Geropsychiatry Outpatient Clinic is one of the primary training rotations for the UCLA Geriatric Psychiatry Fellowship Program and thus offers excellent opportunity for interprofessional education and collaboration. Residents will work with Veterans from diverse socioeconomic and racial/ethnic backgrounds who have mental health and/or neurocognitive disorders, including depressive disorders, anxiety-spectrum disorders, bipolar disorder, schizophrenia, and various dementias. Training opportunities include brief and more comprehensive neuropsychological assessment, psychiatric interviewing and mental status exams, individual and group psychotherapy (structured and processoriented). Because many older Veterans have co-morbid medical, psychiatric and psychosocial problems, a broad biopsychosocial approach to care is used in these settings. In addition to training in the Geropsychiatry Outpatient Clinic, elective experiences include providing neurocognitive screening and evaluation in a primary care setting, and providing consultative mental health services in community nursing homes.

Supervisors: Paul Cernin, Ph.D., Sheryl Osato, Ph.D.

Geriatric Medicine: The Geriatric Medicine rotation provides training in neuropsychological and psychological assessment, brief psychotherapy and team consultation in both inpatient (AGT) and outpatient (GRECC) medical geriatric settings. The program is linked with the UCLA Geriatric Medicine Fellowship, one of the top-rated geriatric training sites in the country. The Acute Geriatric Team (AGT) oversees 8 inpatient beds for medically ill older adult (over 65 years of age) Veterans, located in the main hospital (Building 500). Residents are part of the inpatient acute geriatric medicine treatment team (AGT), and consult with medical attendings, residents, social work, rehabilitation and nursing staff. The Resident reviews the medical chart of AGT patients to identify the presence or risk for cognitive, psychological, or functional decline. As needed, patients are assessed for medical decisional capacity, ability to live independently, delirium, dementia, and mood disorders, and other psychiatric disorders. Brief supportive therapy and psychoeducation is provided as needed. Because the AGT strives to discharge patients safely and efficiently, the pace is fast and there is strong emphasis on interdisciplinary team communication and collaboration. GRECC (Geriatric Research, Education, and Clinical Center) is an outpatient clinic with a census of approximately 400 patients. Residents attend weekly didactics with the interprofessional medical treatment team. The Resident's primary responsibility is neuropsychological assessment, treatment planning, and feedback with patients and their families. Typical diagnoses include cerebrovascular disease, Alzheimer's Disease, Mild Cognitive Impairment, and depression. The Resident also co-facilitates two groups aimed at promoting cognition, one for healthy older adults (Brain Training), and one for Veterans with Mild Cognitive Impairment/mild dementia (Memory Group). The Brain Training group is a psychoeducational program aimed at enhancing healthy brain functioning in aging. Group sessions focus on teaching participants about factors that can impact cognition, including the normal aging processes, nutrition, exercise, stress, and depression. It also teaches and assists participants in practicing mnemonic strategies and compensatory techniques to enhance their memory in daily life. The Memory Group follows a similar format but is geared towards older adults who have been diagnosed with a Neurocognitive disorder. The GRECC team is active in research and is currently studying interventions to assist caregivers, tele-medicine, and diabetes management. Dr. Melrose has a VA funded Merit Review project to examine neuroimaging

correlates of amnestic Mild Cognitive Impairment and Alzheimer's Disease. Dr. Wilkins is studying post stroke depression, and cultural factors involved in cognitive assessment.

Supervisors: Rebecca Melrose, Ph.D. and Stacy Wilkins, Ph.D. ABPP-CN

Veteran's Cognitive Assessment and Management Program (V-CAMP): V-CAMP provides residents with the opportunity to gain experience in interdisciplinary assessment, diagnostic services, and ongoing care for Veterans with neurocognitive disorders and their caregivers. A program developed with the primary intent of increasing access and quality of care to rural Veterans, the primary method of service delivery is clinical video telehealth to local CBOCs, though some in person assessment is conducted based on patient preference and/or clinical appropriateness. Services include: diagnostic assessment (clinical interview, screening), neuropsychological assessment, medication management, behavioral assessment and intervention, and comprehensive care management. For neuropsychology residents, primary clinical duties include clinical interviewing, conducting cognitive screening, comprehensive neuropsychological assessment, and developing treatment plans and/or recommendations for optimal function and safety. This service offers the unique opportunity for neuropsychology residents to provide ongoing follow up to allow for exposure to the clinical course of various neurocognitive disorders. V-CAMP providers work closely with CBOC clinicians, social work care managers, and community resources to provide integrated and comprehensive care. Additional didactic opportunities include a bi-monthly training focused on brain-behavior relationships as applied to cognitive, behavioral, emotional, and functional symptoms in neurocognitive disorders in older adults.

Supervisors: Kate Harrell, Ph.D.; Natalie Kaiser, Ph.D.

Long-Term Care and Rehabilitation: Community Living Center (CLC): Resident receives training and supervision in the provision of neuropsychological assessment services, interdisciplinary consultation, and experience with cognitive rehabilitation in a long-term care setting. The CLC is a training setting where students from a variety of mental health and medical disciplines, including Geriatric Psychology, Geriatric Psychiatry, Geriatric Medicine, Pharmacy, Social Work and Nursing, work to optimize mental health, cognitive, and medical functioning in patients in a long-term care environment. Residents will have the opportunity to work with patients with a variety of mental health disorders (e.g. affective disorders, schizophrenia and psychotic-spectrum disorders, personality disorders), dementia and delirium. A broad biopsychosocial approach to care is used in this setting as many patients have social, medical, cognitive, and mental health conditions. A variety of assessment experiences can be gained in this setting, including psychiatric interviewing, mental status exams, and objective personality testing (e.g. MMPI-2/RF, PAI). At the CLC, residents will receive intervention experience as well, with individual psychotherapy based primarily on a short-term model, utilizing behavioral, dynamic, and problem-solving modalities. Group therapy training opportunities are also offered.

Supervisor: Kevin Booker, Ph.D.

Consultation/Liaison and Transplant Evaluation: Residents complete psychological assessments on patients who have been referred from medical/neurology providers requesting assessment of issues such as decision making capacity or pre-approval as candidate for organ transplantation.

Supervisors: Jessica Dennis, Ph.D., Steve Castellon, Ph.D.

Teaching Methods

The West Los Angeles VA Neuropsychology Residency is a two year, full-time, program with supervised clinical and didactic experiences that are graded in complexity. As the Resident progresses through the program, we strive to provide them with more complex training opportunities requiring more advanced skills. Supervision, a key aspect of all clinical experiences during training, is expected to progress towards providing greater autonomy and responsibility for clinical decision making. Additionally, it is expected that all Residents participate in layered supervision with predoctoral trainees to begin to acquire basic skills at providing supervision. Throughout training, we seek to provide each Resident with a wide variety of patients from different cultural backgrounds and with differing clinical needs and conditions, thereby familiarizing them with an array of neurological and psychiatric evaluations and treatments.

Residents receive a minimum of 4 hours of individual and group supervision each week, including one-hour weekly individual supervision with a primary program supervisor and rotation supervisors. Direct observation, role modeling, and review of neuropsychological evaluation protocols and reports, as well as joint participation in teaching clinics are among the supervision models employed. Ongoing and regular feedback is provided at a monthly Psychology Training Committee meeting and a bi-monthly Neuropsychology Training Group meeting. These meetings allow program faculty and neuropsychology trainees (residents and interns) to have on-going evaluation and make any modifications of individual training plan, as indicated. Required and optional didactics, continuing education events for staff, Grand Rounds (Neurology and Psychiatry) and lectures and seminars at the West Los Angeles VA and at the UCLA School of Medicine occur throughout the training year (also, see below, Didactics).

Competency Areas Assessed

At program completion, each Resident will demonstrate advanced competency in the following areas:

- 1. Assessment
- 2. Intervention/Cognitive Rehabilitation
- 3. Interdisciplinary Consultation
- 4. Multidisciplinary Team Treatment Planning
- 5. Professional, Ethical, and Legal Issues
- 6. Cultural and Individual Diversity
- 7. Supervision and Teaching
- 8. Scholarly Inquiry

Program Structure

The Clinical Neuropsychology Postdoctoral Residency Program is comprised of two full-time years of training. The table below summarizes a sample Training Plan/Program for three Residents for each of the two years of training. The time allotments noted are estimates and each Resident's program may differ based on their unique training needs and interests.

Didactics: Diversity Seminar (Year 1), Postdoc Seminar and Journal Club; Clinical Neuroanatomy, V-TEL Multi-site Neuropsychology Didactics

SAMPLE TRAINING OUTLINE for Neuropsychology Resident: 2019-2020

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8-noon	Didactics	NP Service	Acute Rehab Unit	NP Service	Acute Rehab Unit
12:30-4:30	Didactics/Writing /Group Sup	NP Service	Geropsych Clinics	NP Service	Writing

SAMPLE TRAINING OUTLINE for Neuropsychology Resident: 2020-2021

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8-noon	Didactics	Gerimed Clinic	V-CAMP	V-CAMP	Memory Clinic
12:30 -4:30	Didactics/Writing	Gerimed Clinic	V-CAMP	V-CAMP	Writing
	/Group Sup				

Facility and Training Resources

Residents will be provided office space and computers necessary for patient care and administrative responsibilities. They will have full access to VA Medical Library services, the UCLA Biomedical Library, as well as VA Intranet and internet resources for clinical and research work. We have a comprehensive Psychology Assessment Lab, which includes a wide variety of psychological assessment instruments and scoring programs. There are 2 staff available for administrative support.

Stipend and Benefits

All residency positions are full-time, year-long experiences (52 weeks, 2080 hours). We do not offer half-time positions. Stipend amounts are as follows: Year 1 = \$52,911 and Year 2 = \$55,771. Pay is biweekly and typically begins about three weeks after starting residency. There are deductions for federal and state taxes, and health insurance (if applicable) and Social Security, depending on your individual situation. Residents will accrue 4 hours of Annual Leave and 4 hours of Sick Leave during each of the 26 pay-periods in the year (resulting in 104 hours – or 13 days - of each, over the course of the full training year). There are 10 paid Federal Holidays. We allow residency time to be used for certain educational activities away from the VA. Up to five days of educational leave can be requested for attending off-site workshops, conferences, lectures, job interviews etc.

Administrative Policies and Procedures

Due Process: Procedures for due process and grievance are in place for any instances of problematic performance and are available upon request.

Privacy policy: We will collect no personal information about you when you visit our website.

Self-Disclosure: We do not require residents to disclose personal information to the program administrators or clinical supervisors, except in cases where personal issues may be adversely affecting the resident's performance and such information is necessary to address any difficulties.

Neuropsychology Postdoctoral Training Faculty

Supervisors (* denotes member of Neuropsychology Training Group):

Booker, Kevin, Ph.D.

Doctoral Program: University of California, Santa Barbara (Clinical), 1999 Predoctoral Internship: Howard University, School of Medicine 1998-99

Postdoctoral Fellowship: UCLA School of Medicine, Department of Adult Psychiatry, 1999-2001

Emphasis Track: Geropsychology; Community Living Center (CLC)

Clinic *Clinical Interests*: PTSD over the lifespan; Exposure to violence and mood/anxiety disorders; Trauma- focused cognitive behavioral and experiential/humanistic treatments; The role of meaning in

mitigating against co-morbid mood disturbance in patients with PTSD

*Castellon, Steven A., Ph.D. – (Director, Postdoctoral Residency Program)

Doctoral Program: University of California, Los Angeles (Clinical), 1997

Doctoral Internship: West Los Angeles VA Medical Center

Postdoctoral Fellowship: Neuropsychology, UCLA Neuropsychiatric Institute

Academic Affiliation: Associate Clinical Professor and Research Psychologist, Department of Psychiatry &

Biobehavioral Sciences; David Geffen School of Medicine at UCLA

Track: Polytrauma Psychology, Health/Integrated Care (Psychology Assessment Lab)

Clinical Interests: Neuropsychological assessment, psychological assessment

Research Interests: Cognitive effects of cancer and cancer treatments, neuropsychiatric aspects of

HIV/AIDS, cognitive and psychiatric consequences of Hepatitis C and its treatment

*Cernin, Paul, Ph.D. (Director, Pre-Internship Program)

Doctoral Program: Wayne State University, 2008

Doctoral Internship: St. Louis VAMC

Academic Affiliation: Assistant Clinical Professor, Department of Psychiatry and Biobehavioral Sciences

David Geffen School of Medicine at UCLA

Postdoctoral Fellowship: Neuropsychology, UCLA Semel Institute, Geriatric Neuropsychology, 2008-2010

Track: Clinical Neuropsychology (Geriatric Neuropsychology)

Clinical Interests: older adults, LGBT aging

Research Interests: health disparities and urban elders, successful aging, breast cancer and cognition.

Christie, Kysa Ph.D.

Doctoral Program: University of Southern California (Clinical Science), 2011 Predoctoral Internship: UCLA Semel Institute, Health and Behavior Track

Postdoctoral Fellowship: VA Palo Alto Healthcare System, (Palliative Care emphasis)

Track: Health Psychology/Interprofessional Integrative Health

Clinical Interests: Coping with acute and chronic illness, Hospice and Palliative Care, Consultation-Liason

Psychology, Couples Therapy

Research Interests: Coping with illness, Psycho-oncology

Dennis, Jessica, Ph.D. - (Co-Director, Interprofessional Integrative Health Program)

Doctoral Program: Illinois Institute of Technology (Clinical), 2015

Predoctoral Internship: UC San Diego/VA San Diego Postdoctoral Residency Program (Behavioral Medicine Track)

Postdoctoral Fellowship: Greater Los Angeles Healthcare System, West Los Angeles VA Medical Center Track: Interprofessional Integrative Health

Clinical Interests: Mindfulness and Mindfulness Based Stress Reduction, Integrative Health modalities,

couples therapy, psycho-oncology, health psychology, transplant assessments

Research Interests: Mindfulness Based Interventions for veteran populations, Integrative Health

*Harrell, Kathyrn, Ph.D.

Doctoral Program: Fuller Theological Seminary (Clinical), 2011

Predoctoral Internship: West Los Angeles VA Medical Center, 2011

Postdoctoral Fellowship: West Los Angeles VA Medical Center, 2011-2013

Track: Clinical Neuropsychology (V-CAMP program)

Clinical Interests: Neuropsychology; telehealth based care and tele-neuropsychology; geriatrics;

dementia

Johnson, Megan, Ph.D.

Doctoral Program: Fuller Theological Seminary (Clinical), 2017

Predoctoral Internship: Los Angeles County Dept of Mental Health – Twin Towers Correctional Facility Postdoctoral Fellowship: GRECC Special Fellowship in Advanced Geriatrics, 2017-2019 (West LA VA)

Track: SUD/Homeless Mental Health; H-PACT Program

Clinical Interests: Trauma, posttraumatic growth, moral injury, serious mental illness, psychological

assessment, geriatrics, homeless mental health

Kaiser, Natalie, Ph.D.

Doctoral Program: Loma Linda University (Clinical), 2011

Doctoral Internship: West Los Angeles VA Medical Center, 2010-11

Postdoctoral Fellowship: Special Fellowship in Advanced Geriatrics, West Los Angeles VA Medical Center,

2011-2013

Academic Affiliation: Formerly - Visiting Scholar, Department of Psychiatry and Biobehavioral Sciences

David Geffen School of Medicine at UCLA

Track/Rotation: Clinical Neuropsychology (Geriatric Neuropsychology)

Clinical Interests: Neuropsychology

Research interests: Clinical markers of earl- onset vs. late-onset neurodegenerative disease

Active Research: Not active in research currently

* Melrose, Rebecca, Ph.D.

Doctoral Program: Boston University, Boston (Clinical), 2007 Internship: West Los Angeles VA Medical Center, 2006-2007

Postdoctoral Fellowship: Special Fellowship in Advanced Geriatrics, West Los Angeles VA Medical Center,

2007-2010

Academic Affiliation: Assistant Research Psychologist, Department of Psychiatry and Biobehavioral

Sciences David Geffen School of Medicine at UCLA

Track/Rotation: Clinical Neuropsychology (Geriatric Medicine)

Clinical Interests: Neuropsychology

Research interests: Neuroimaging & neuropsychology of cognitive decline in aging

Active Research: Neuroimaging (task fMRI, resting state fMRI, DTI) of Mild Cognitive Impairment &

Alzheimer's Disease

*Okonek, Anna, Ph.D. - (GLA Director of Education)

Doctoral Program: University of California, Los Angeles (Clinical), 1992 Doctoral Internship: West Los Angeles VA Medical Center, 1989-1990

Postdoctoral Fellowship: Geropsychology/Neuropsychology, UCLA Neuropsychiatric Institute, 1991-1993

Academic Affiliation: Clinical Professor, UCLA Department of Psychology

Track: Polytrauma/TBI Clinics

Clinical Interests: Polytrauma/traumatic brain injury, neuropsychology, adjustment to disability, coping

with acute and chronic medical illness

Research interests: Traumatic brain injury, blast injury

*Osato, Sheryl, Ph.D.

Doctoral Program: University of Hawaii (Clinical), 1986 Doctoral Internship: West Los Angeles VA Medical Center

Postdoctoral Fellowship: Geropsychology, UCLA Neuropsychiatric Institute

Academic Affiliations: Clinical Professor, UCLA Department of Psychology; Adjunct Professor, Fuller

Graduate School of Psychology

Track: Geropsychology-Neuropsychology

Clinical Interests: Neuropsychiatric aspects of aging, dementia, psychopathology and aging

Research Interests: Aging and neuropsychology, dementia

Taylor-Ford, Megan, Ph.D.

Doctoral Program: University of Southern California (Clinical Science), 2015

Predoctoral Internship: West Los Angeles VA Healthcare System

Postdoctoral Fellowship: VA Greater Los Angeles Healthcare System, West Los Angeles

Track: Health Psychology/Integrated Care

Clinical Interests: Health psychology; psycho-oncology; end of life care; coping w/ chronic illness

Research Interests: mindfulness; psycho-oncology; coping with chronic illness

*Wilkins, Stacy Schantz, Ph.D. ABPP-CN

Doctoral Program: Fuller Graduate School of Psychology (Clinical), 1988 Doctoral Internship: West Los Angeles VA Medical Center, 1987-1988

Postdoctoral Fellowship: Clinical Neuropsychology Fellowship, UCLA Neuropsychiatric Institute, 1988-89 Academic Affiliation: Professor of Clinical Medicine, School of Medicine, Department of Geriatrics, David Geffen School of Medicine at UCLA

Track/Rotation: Clinical Neuropsychology and Clinical Psychology (Geriatric Medicine)

Clinical Interests: Neuropsychology and Clinical Psychology

Research interests: Cognitive and Mood Disorders in Aging and Medical Illness, Cultural impact on

Psychiatric/Cognitive Functioning and Medical Illness

Active Research: Post stroke depression, Impact of Culture on Psychotic Experiences in Qatar, Verbal

Fluency in Arabic speakers

*Katie YoungSciortino, Ph.D.

Doctoral Program: Palo Alto University, Palo Alto CA (Clinical Psychology, neuropsychology track), 2017 Predoctoral Internship: VA Southern Arizona Health Care System (neuropsychology track), 2016-2017 Postdoctoral Fellowship: Neuropsychology Postdoctoral Fellowship, Phoenix VA Health Care System, 2017-2019

Training Track/Clinics: Clinical Neuropsychology; Outpatient Neuropsychology Service

Clinical Interests: Acquired brain injuries (e.g., stroke, TBI), dementia/neurodegenerative diseases - in particular, the contribution of vascular risk factors to dementia, and cultural aspects of neuropsychological assessment

*Zeller, Michelle, Psy.D, ABPP-CN

Doctoral Program: Pepperdine University (Clinical), 2004 Doctoral Internship: VA Greater Los Angeles Healthcare System

Postdoctoral Fellowship: Geropsychology, UCLA Neuropsychiatric Institute, 2004-06

Track: Health/Integrated Care (Inpatient Acute Rehabilitation Unit)

Clinical Interests: Neuropsychological assessment, individual psychotherapy, group psychotherapy,

geropsychology

Research Interests: Cognitive performance on neuropsychological measures and PTSD

POSTDOCTORAL RESIDENCY PROGRAM TABLES

Date Program Tables are Updated: 8/8/2021

Eligibility:

All applicants to the Postdoctoral Clinical Neuropsychology Residency Program must have obtained a doctoral degree in Clinical or Counseling Psychology from a graduate program approved by American Psychological Association (APA), the Psychological Clinical Science Accreditation System (PCSAS), or the Canadian Psychological Association (CPA) at the time the program was completed. The applicant is expected to have completed an internship program accredited by APA or CPA or have completed a VA-sponsored internship.

To be considered for any of our postdoctoral residency positions an applicant must:

- 1. Have completed all requirements for the doctoral degree, in Clinical or Counseling Psychology, including internship and dissertation.
 - a. Department of Veterans Affairs requires that the applicant's doctoral degree and internship be completed at programs <u>accredited by the American Psychological</u> Association.
- Be a US citizen. VA is unable to consider applications from anyone who is not currently a
 U.S. citizen. Verification of citizenship is required following selection and all of our incoming
 postdoctoral residents must complete a Certification of Citizenship in the United States prior
 to starting training.
- 3. Be aware that VA employment requires males born after December 31, 1959 must have registered for the draft by age 26. Male applicants sign a pre-appointment Certification Statement of Selective Service Registration before they can be processed into a training program.
- 4. Be aware that residents are subject to fingerprinting and background checks. Selection decisions are contingent on passing these screens.
- 5. Know that the VA strives to be a drug-free workplace. Residents are not drug-tested prior to their appointment. However, all residents are subject to random drug testing throughout their VA appointment period. You will be asked to sign an acknowledgment form stating you are aware of this VA practice. This form authorizes your drug test results to be shared with VA officials and others wo have a need to know. Failure to sign the authorization form may result in disciplinary action up to and including removal.

Selection Process

We are seeking applicants who have strong skills in assessment, intervention, and possess prior clinical experience and specific interest in their chosen area/track of training. Applicants should have adequate academic preparation and have acquired Profession-Wide Competencies in context of service provision to adult patients/clients. They should have received individual supervision with direct observation of the clinical work within their graduate program and pre-doctoral internship and they should meet eligibility requirements for VA employment. Applicants should also have the personal characteristics necessary to function well as a doctoral-level professional within a medical center environment and interdisciplinary treatment settings. Our selection criteria specifically focus on educational background, clinical training and experience, letters of recommendation and the ability of the applicant to articulate their training goals and professional aspirations that we feel are consistent with the Residency Program and with VA mission. We seek the best fit between applicants and our training program.

The selection committee for is composed of the Neuropsychology Training Group, a 10-member group of supervisors (see below) that includes the Postdoctoral Residency Training Director (Castellon, Ph.D). Current Residents participate in the interview process but do not have an evaluative role, with their main role helping to inform applicants about the program and their experiences as trainees.

The selection committee evaluates the following criteria: (1) Breadth and quality of prior general clinical training, (2) Quality and extent of specialized training in clinical neuropsychology, (3) Strength of letters of recommendation, (4) Quality and scope of research productivity, (5) A clear and thoughtful writing style in application materials and sample reports, (6) Goodness of fit between applicant's professional goals and program training objectives, and (7) Evidence of personal maturity and accomplishments. Successful candidates typically have substantial academic and clinical experience in neuropsychology, with preference given to candidates who have completed doctoral and internship training that meets the Houston Conference guidelines in Clinical Neuropsychology (for details, see http://www.theaacn.org/position papers/houston conference.pdf).

Historically, most interviewing of top applicants has taken place on site, at the West Los Angeles VA. Due to Covid-19, however, we anticipate a much greater use of video teleconferencing, as we keep a close eye on safety and practicality of traveling and meeting in groups. At the current time (summer 2021) we anticipate having two **Neuropsychology Recruitment Events** (applicants meet faculty and hear more about training opportunities, meet with current NP postdocs, and then interview with one or more faculty) on **December 16th and 17th**. If an applicant cannot attend one of these Recruitment Events, we will do our best to arrange individual interviews and/or have a third recruitment event in the third week of January (after our internship interviews are over). Following the December 16th and 17th NREs, our Neuropsychology Training Group will rank order applicants and an offer will be extended to the top applicant for each training track (TBI/Rehab; Gero-Neuro; General). Offers will be extended as soon as possible after committee consensus is reached and could be made as early as late December. If offers are not accepted, we will continue to extend offers down the rank-ordered list until the positions are filled. Positions will remain open until filled.

Financial and Other Benefit Support for Upcoming Training Year*

- Annual Stipend/Salary for Full-Time Residents: \$52,911; Year 2 Salary/Stipend: \$55,711
- Annual Stipend/Salary for Part-Time Residents: N/A
- Program provides access to medical insurance for resident? YES
- If access to medical insurance is provided:
 Trainee contribution to cost required? YES
 Coverage of family member(s) available? YES
 Coverage of legally married partner available? YES
 Coverage of domestic partner available? NO
- Hours of Annual Paid Personal Time Off 104
 - -4 hours accrued every two weeks
- Hours of Annual Paid Sick Leave 104
 - -4 hours accrued every two weeks
- In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to Interns/residents in excess of personal time off and sick leave? YES

Other Benefits (please describe): Hours of Federal Holiday Leave - 80; Hours of Education Leave - 40 * Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Postdoctoral Residency Positions (provide an aggregate total for the previous three cohorts)

(р	2018-2022	
Total # of Residents in the 3 cohorts	8	
Total # of Residents who remain in residency	1	
program		
	PD	EP
Community Mental health center	0	0
Federally qualified health center	0	0
Independent primary care facility/clinic	0	0
University counseling center	0	0
Veterans Affairs medical center	0	6
Military health center	0	0
Academic health center	0	0
Other medical center or hospital	0	1
Psychiatric hospital	0	0
Academic university/department	0	1
Community college or other teaching setting	0	0
Independent research institution	0	0
Correctional facility	0	0
School district/system	0	0
Independent practice setting	0	0
Not currently employed	0	0
Changed to another field	0	0
Other	0	0
Unknown	0	0

<u>Note</u>: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.